

# Transcript for the ‘How to prevent condensation and mould’ video

## Video summary:

This video shows some of the ways that you can prevent condensation and mould in your home, as well as steps on how to remove mould if it does occur.

Audio	Visual
Happy, upbeat music plays. <b>Voiceover:</b> How to prevent condensation and mould.	The VIVID logo appears on-screen. [Text appears on-screen:] “How to prevent condensation and mould”
<b>Voiceover:</b> Condensation is caused when warm, damp air, such as steam meets a cold surface and turns into water	A window covered in condensation is shown.
<b>Voiceover:</b> When condensation builds up on surfaces, and they are damp for some time, it can cause mould to grow.	A wall with mould growing on it is shown.
<b>Voiceover:</b> You can prevent condensation by heating your home to a constant temperature – but not too warm.	Someone is shown to be changing the temperature on a thermostat.
<b>Voiceover:</b> You can also try to reduce the moisture in your home by;	A window covered in condensation is shown. [Text appears on-screen:] “Reduce moisture in your home by taking the following steps”
<b>Voiceover:</b> Hanging washing outside to dry or in the bathroom with the door closed. Don’t dry washing on radiators.	A washing line with clothes hanging on it is shown.
<b>Voiceover:</b> If you use a tumble dryer, make sure it vents outside	An outside vent is shown.
<b>Voiceover:</b> Cook with pan lids on	Someone is shown to be putting a lid on pan that sits on an oven.
<b>Voiceover:</b> and use an extractor fan.	Someone is shown to be opening an extractor fan.
<b>Voiceover:</b> When filling your bath, run the cold water first to reduce steam.	Someone is shown to be turning on the tap to fill up a bath.
<b>Voiceover:</b> You should try to increase ventilation by opening trickle vents on windows, or opening your windows for 15 minutes each day.	A person is shown opening a large window.
<b>Voiceover:</b> You should also keep the kitchen and bathroom doors closed when cooking or showering	A person is shown closing a kitchen door.

<b>Voiceover:</b> and leave a window open for 20 minutes after.	A person is shown opening a large window.
<b>Voiceover:</b> And keep furniture slightly away from walls to increase air flow.	A sofa is shown to be pulled slightly away from the wall.
<b>Voiceover:</b> You should regularly wipe surfaces that are covered in condensation.	A person is shown wiping a window.
<b>Voiceover:</b> If you have mould, use an anti-fungicidal wash and wear rubber gloves. Don't remove mould with a brush or vacuum cleaner, this spreads the spores.	A person is shown scrubbing at mould with a pair of gloves and a sponge. [Text appears on-screen:] "Do Wear gloves and wipe with anti-fungicidal wash Don't Remove mould with a brush or vacuum cleaner"
<b>Voiceover:</b> And finally, monitor and manage the condensation in your home. You can do this by buying a hygrometer to monitor humidity and temperature.	A hygrometer is shown.
<b>Voiceover:</b> The ideal conditions are 40-60% humidity and 18-21°C.	A closer look at the hygrometer is shown.
<b>Voiceover:</b> You can find more information on our website.	Someone is shown to be on their laptop, scrolling through the VIVID website, on the 'damp and mould' page.
<b>Voiceover:</b> And if you've taken steps to prevent mould and it isn't going away, please contact us by emailing <a href="mailto:customer@vividhomes.co.uk">customer@vividhomes.co.uk</a> or phoning 0800 652 0898.	The VIVID logo appears on-screen. [Text appears on-screen:] "Contact us: 0800 652 0898 <a href="mailto:customer@vividhomes.co.uk">customer@vividhomes.co.uk</a> <a href="http://www.vividhomes.co.uk">www.vividhomes.co.uk</a> "

If you'd like any more information or support on this topic, please get in touch  
<https://www.vividhomes.co.uk/contact-us>